





Rewired 13 March 2024

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The challenge



- Patients were experiencing an inconsistent, convoluted and inefficient discharge process which
 often led to:
 - Unnecessary waiting time in acute beds
 - Long waits to access community services
 - Consuming valuable hospital capacity that could be used for elective recovery
 - Avoidable deterioration of patient health.
- Rapid discharges with delayed assessment, whilst necessary during the pandemic, shifted the problem downstream with more delays occurring in community settings. Post pandemic this shifted back.
 - Teams are unable to see where patients are at a given time in the process and what the next action should be and who should be owning it, leading to further inefficiency, confusion and avoidable costs.



The challenge - continued



- Limited integration between health and social care which hindered our collectively ability to effectively co-manage patients and this led to potential confusion around responsibility:
 - Data was disparate and not readily available or in one place to support decision-makers
 - Communication was manual and ad-hoc (lots of paperwork, emails, phone calls etc.)
- Delayed discharges from both acute and community settings consumed valuable NHS capacity and impacted on flow at front of house.
- NHS and Social Care teams didn't have enough visibility into upcoming discharges, so it was hard
 for us to assess the volume of patients coming through and prepare accordingly.
- Several other barriers adversely impacted on flow out of hospital, including transportation and medication not being arranged in time.



Missed opportunities



- Nationally, 366,856 patients with a LoS of 21+days were unnecessarily delayed / no longer met the criteria
 to reside. The total delay for these patients was 5.57 million days.
 - 273,581 patients (74.66%) were delayed waiting for a P1 P3 pathway
 - 92,860 patients (25.34%) were delayed for some other reason principally internal hospital processes
- The missed opportunity cost of these delayed days was £2.2 billion* based on an assumed £395 per hospital Excess Bed Day (Kings Fund research). *Direct costs of delayed discharges
- If all Trusts realised this one benefit reduction, over **2 million delay days per year** could be saved, to treat patients entering hospital via an elective or urgent care pathway. This is an equivalent saving of more than £785m.
- The 10 Trusts with the highest number of delay days in England account for 35% of these potential savings.
 In total 728,000 days could be saved, equivalent to £286m missed opportunity cost



The solution - OPTICA Dynamic Discharge



- OPTICA is an application built by NECS and NTHFT on the Foundry platform that tracks all admitted
 patients and the tasks relating to their discharge in real-time through their hospital journey.
- Fully integrated with hospital electronic patient records, other health data systems to ensure relevant information related to discharge is available to clinical teams and leaders in one place. The automated dataflows can be easily augmented with updates from operational teams.
- Drives an efficient, shared way of working for health and social care teams providing actionable intelligence to help care teams properly plan for timely discharges, helping ensure avoidable delays leaving hospital are kept to a minimum and hospital beds aren't unnecessarily occupied.
- Enables the MDTs to **easily understand** exactly where discharges from hospital are being avoidably delayed, for how long, why, who's responsible and attaches a proxy indication of missed opportunity cost to the organisation.
- Provides operational grip (workflows) and organisational grip (comprehensive reporting and analytics)
- Helps organisations to minimise missed opportunities and get patients home when discharge ready.



OPTICA Discharge Optimisation solution



Built by the NHS and social care MDTs for NHS and social care

Care Coordination (ICS)

OPTICA

Acute

Community (piloting with HNY and NT&H)

Mental Health (PoC commenced)



- Better use of MDT Time 7 days per week
- Minimise the need for supplementary data capture
- Less time spent on establishing status of tasks
- Supports bed management meetings.



Improved Collaboration:

- Integration with NHS and council data systems
- Shared Real Time Discharge Plan
- Streamlined discharge processes
- Increased visibility and tracking of which patients don't meet C2R for targeted intervention
- Shared visibility of reasons for blocked discharges, who's got ownership of the blockages and which patients are being impacted.



Improved Performance:

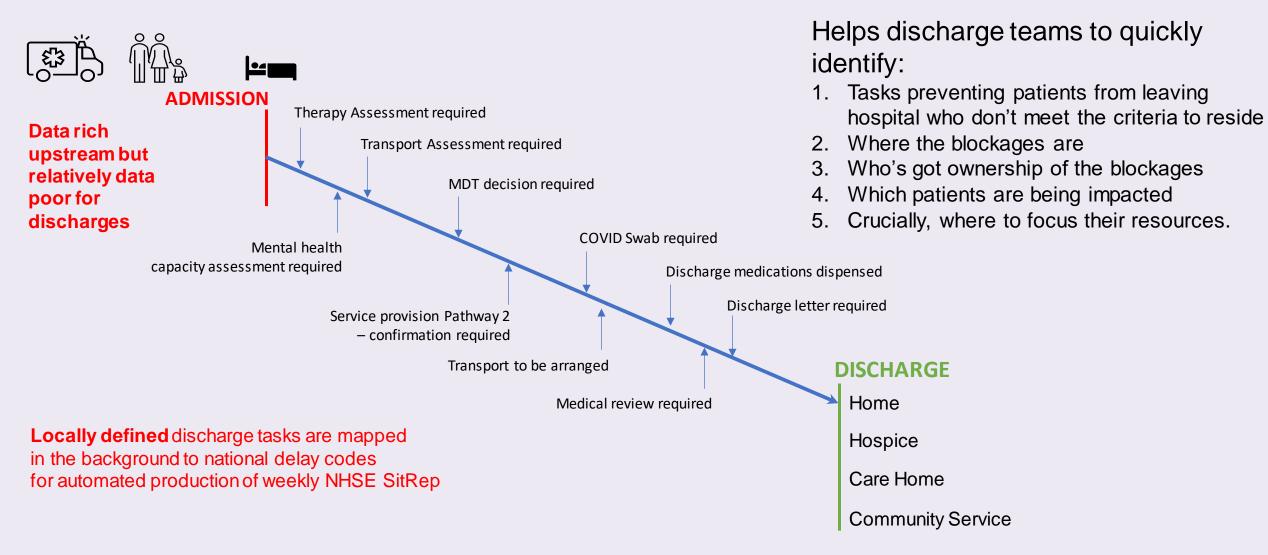
- Maximising bed capacity by minimising avoidable LoS
- Improved patient experience through Sustained reduction in average LoS
- Better patient flow releases capacity to take more medical diverts to support neighbouring Trusts
- Can support ICB oversight and Admission Avoidance.



OPTICA:



Tracking all discharge interventions that could cause a delay





OPTICA: analytics in action



Maximising bed capacity, minimising avoidable delays

- Reduce avoidable delays to discharge once the patient no longer meets the criteria to reside
- Increase visibility into discharge pipeline to enable better discharge planning

Improved sharing of information between Health and Social Care

- Brings relevant NHS and social care data relating to discharges together and transparently in one place
- Enables joint collaboration at patient level
- Interoperable with existing local tools & systems
- Automated production of national SitReps
- Builds on relationships

Ownership of blockages actionable intelligence

- Overview reports, enabling management and clinical teams to quickly identify where the problems are and what needs to be done
- Transparent patient tracking and discharge performance from organisation level to patient level



OPTICA: analytics in action



Use of workforce

- Significantly streamlined processes, saves discharge teams time managing the Discharge PTL (DPTL).
- Minimises manual and time-consuming back-and-forth over phone, email or through spreadsheets.
- Clear view of where discharges are being unnecessarily delayed, how long, why, who's responsible and missed opportunity cost of delayed discharges.

Patients are discharged into the *right* place of care with the *right* level of support as *early* as possible

- Minimise delays getting patients into the right care setting.
- Reduced risk of hospital deconditioning / falls / hospital acquired infections.
- Improved patient experience and outcomes.



Using OPTICA to optimise our discharge pathways at North Tees



- Information from OPTICA enabled us to rethink how we structured our discharge team based on the workload.
- Introduced it incrementally to gain confidence, initially with the key members of the discharge team.
- Extended OPTICA to the wider Flow team.
- Then granted access to the Local Authority.
- Everyone aware of who needed to do what and by when:
 - MDTs are much more efficient because we could focus on overdue tasks and discussing the care requirements rather than establishing information about patients
 - Pause processes for patients who meet the C2R.
- 'Patient Process Facilitators' on key medical / surgical wards updated OPTICA from a ward perspective.
- OPTICA enabled us to minimize administrative burden previously required to maintain spreadsheets and chase local authorities and wards for information.
- Reinvested process efficiency savings into transport scheduling, trusted assessors etc.
- Provided Trust Board assurance.



Tracking patient discharges



Moving from the old way of tracing patient discharges using **Excel and other paper-based systems**

	in Patient Status							CIVIE	Status	Discharge information					
Name	NHS No / CRM	008	ucality	Admission Date	Ward	Medically III	Date patient doesn't meet criteria to reside	Time from patient not meeting criteria to reside (no. of days)	Assessment footication Sent (Date)	Assessment Notification Update (Date)	Covid status (Test Cute)	Current Covid Status	700	Case Manager	Narrodin (Pres bod)
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Tracking patient discharges



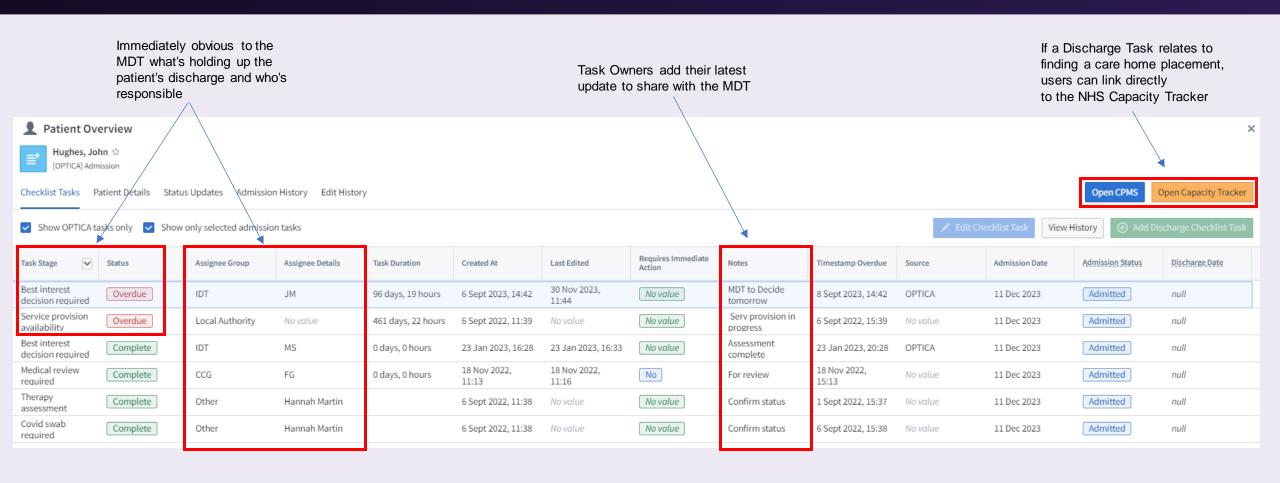
To the new OPTICA Cloud Based solution

Patient Name	Date Of Width	Admission Parte	MacE	Heets, Criteria. To Reside	Planned. Discharat. Pathwex	SvD.Pethwer	Latest Checklist Task	Latest Checkfist Task Notes	Assigner Group	Discherge, Savenorier	Pleased. Discharge Restination	Planned. Discharge Date
Conwey, Jason	29 Aug 1968	15 Nov 2022	Ward I	No	Pathway 3	Fast Track - Care Home Required	Overdue: Patient/Family dispute resolution required	Family due to attend 22/10 - cancelled now coming 25/10	IOT	88	Marys Centre Stretford	15 Nov 2022
Smith, Laura	13 Sept 1953	15 Nov 2022	Ward 3	Ne	Pathway 2	Rehabilitation Bed	Overdue: Repatriation transfer required	Dr X needs to be updated	ISPA	JM	Jonsnow Care	17 Nov 2022
Robles, Jodi	25 Dec 1978	12 Nov 2022	Ward 6	No	Pathway 2	Assessment Bed	Overdue: Service provision availability Pathway 2	Bed requested, waiting for confirmation	Local Authority	RB	Jonsnow care	16 Nov 2022
Smith, Jessica	7 Mar 2007	10 Nov 2022	Ward 3	No	Pathway 2	Rehabilitation Bed	Overdue: Medical review required	Expected by EOO	Ward	MW	Petersville Home	17 Nov 2022
Williams, Lee	17.34(2003	11 Nov 2022	Ward 4	No	Pathway1	Package of Care Increase	Complete: Equipment to be delivered	Paperwork sent	101	JM	Usual residence	12 Nov 2022
Oben, Peter	30 Jan 1542	15 Nov 2022	Endoscopy Unit	No	Pathway 0	Home No Support	Overdue: Discharge plan required	both sorting	101	to	Usual residence	14 Nov 2022
Davenport, Maria	2 Jan 1955	14 Nov 2022	Ward 2	No	Pathway 2	Rehabilitation Bed	Overdue: Ward paperwork required	Request has been made	Other	RB	Gimble Rehab Centre	15 Nov 2022
Ray, James	21 Jun 1960	11 Nov 2022	Ward 1	No	Pathway 3	Designated Setting	Overdue: Covid swab required	COVID symptoms experienced	IDT	BT	Main St Care Home	10 Nov 2022
Baker, Kate	25 Jul 1959	14 Nov 2022	Ward 1	No	Pathway 1	Social Worker Allocation	Overdue: Awaiting diagnostic test	X ray results inconclusive - needs repeat booked for 1/11	Other	15	Star Residences	12 Nov 2022
Weaver, Jacob	31 May 1989	11 Nov 2022	Ward 7	No	Pathway 2	Rehabilitation Bed	Overdue: Covid swab required	Swab required	Ward	£8	Community Health	9 Nov 2022
Davenport, Alson	12 Apr 1984	13 Nov 2022	Ward 8	No	Pathway 1	Package of Care Restart	Complete: Discharge medications dispersed	Paperwork sent	DIC	1.5	Community Home	14 Nov 2022
Ruiz, Samuel	20 May 1564	14 Nov 2022	Ward 1	No	Pathway 1	Fast Track - Care Home-Required	Overdue: Best interest decision required	family attending 4/11/22	CHC	RS	Main St Care Home	9 Nov 2022
Hughes, John	26 Apr 1955	13 Nov 2022	Ward 1	No.	Pathway 2	Designated Setting	Overdue: Service provision availability Pathway 2	Serv provision in progress	Local Authority	13	Jonsnow Care	4 Nov 2022



Why has my patient not been discharged?





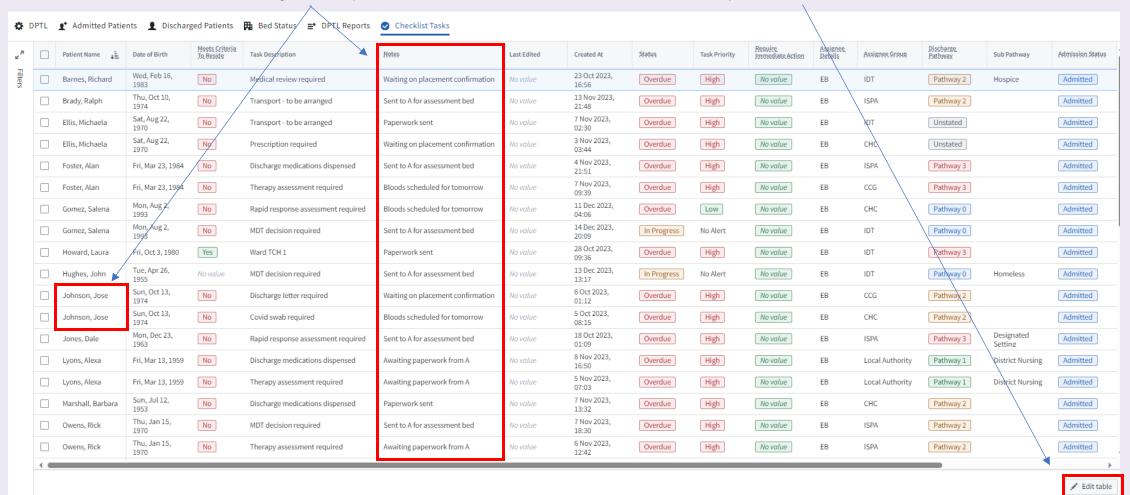


My tasks... for every patient... in one place?



See and update 'My Tasks' for every patient that I've got to do something for, in one place

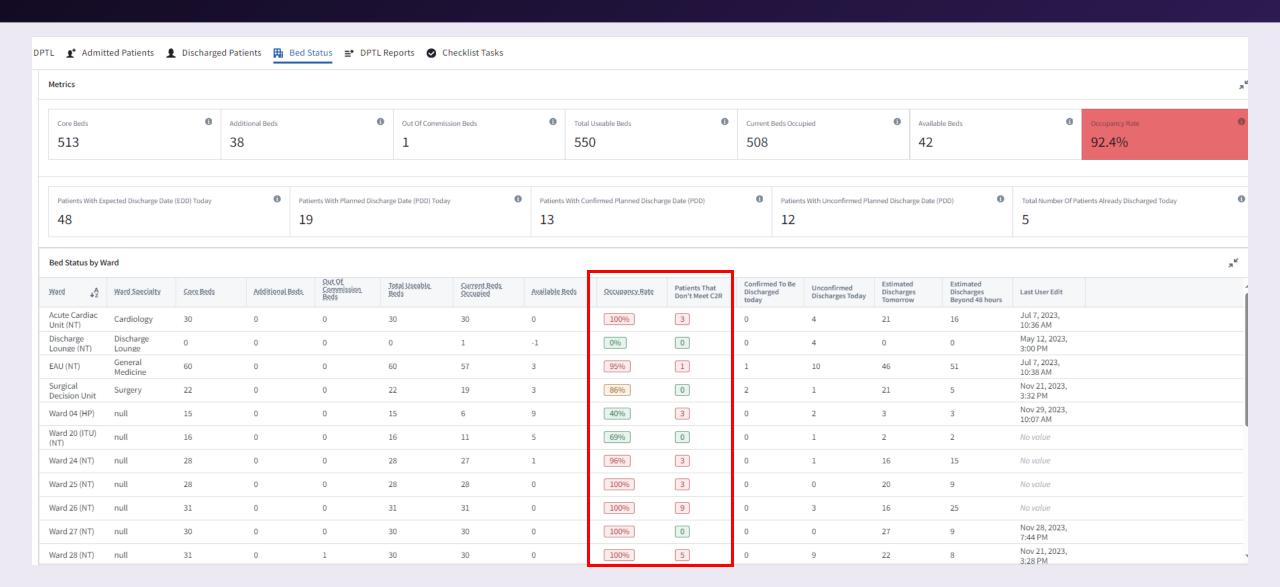
Really quick and easy for users to update all Discharge Tasks on the fly





Bed capacity management







Benefits realisation at North Tees & Hartlepool FT





Better patient flow resulting in better bed utilisation to support emergency / elective pressures



More efficient use of MDT staff time



Improved NHS and Social Care collaboration



Increased system resilience by accommodating more medical diverts



Reduction in average length of stay and in avoidable delay days



Improved Patient Experience – less exposure to infections, go home with minimum delay

50% fewer patients occupy a hospital bed for 21 days or more compared with the England average

£75K efficiency savings due to improved discharge processes

36% reduction in the average number of delay days for patients with a length of stay of 21+ days

25% reduction in long length of stay patients within 2 months of implementing OPTICA

43% fewer beds occupied by patients with a Length of stay of 14+ days compared to the national averages



OPTICA Timeline



February 22 – OPTICA deployed and piloted in North Tees & Hartlepool NHS Foundation Trust

October 22 – Following a successful pilot, OPTICA was piloted in a further 15 Trusts:

Chelsea & Westminster Imperial

Chesterfield London North West

Countess of Chester Newcastle

County Durham & Darlington North Tees

Derby & Burton South Tees

Gateshead South Tyneside & Sunderland

Hillingdon Southport & Ormskirk

Hull

November 23 – OPTICA is rolled out to a further 4 Trusts

Harrogate Norfolk & Norwich

James Paget Queen Elizabeth Hospital King's Lynn

December 23 – NECS, part of the BOC consortium, are selected to help the NHS deliver FDP. OPTICA, which is built on Foundry, is a core national product offered to Trusts as part of the FDP, alongside CCS (IECCP/OP/RTT).







Questions and answers







Appendices







OPTICA benefits



Liverpool Hospitals FT staff feedback

- "The ward staff love OPTICA, everybody wants to have a go, even the Drs are coming and asking how they can
 get a log in so they can have a go too."
- "OPTICA allows the staff to do their jobs more effectively, it allows them to find potential discharges as you can see them in OPTICA and ward staff have more power over decisions, which they like."
- "Spending time engaging with the teams is really important as this meant that we didn't get pushback, OPTICA is not about blame, it is about support and evidence of gaps in services."
- "The biggest challenge to hospital discharges, remains capacity within the community."
- "Demonstrating the system from a job role perspective really brings the system to life."
- "OPTICA gives everyone a better overview, demonstrates who is doing what and who is responsible for what and what they can do to support the action."
- "Staff will start to take responsibility and hold each other to account which should drive improvement and reduce complaints."



Chelsea & Westminster Hospital FT benefits qualitative feedback

New capabilities

- 1. Visibility and access to the pathway by key stakeholders (Trust and Local Authority)
- 2. Single Version of the Truth between NHS and Local Authorities
- 3. Real-time information and actionable intelligence
- 4. Streamlined discharge process
- 5. Better use of MDT time focusing on solving the problem, not chasing updates
- 6. Improved clinical governance and information governance.

Impact (work underway to quantify)

- 1. Reduced LoS
- 2. Improved timely care and reduction inn delays to patient discharges
- 3. Improved communication between teams throughout the Trust and within external partners
- 4. Provides complete, clean discharge PTL for collaboration in multi-agency MDTs
- 5. A full breakdown of the Trust admission and discharge position
- 6. Visibility of pathways as well as planned discharges over the next 72hrs
- 7. Highlights patients which are stranded (7+days LoS) and super-stranded (21+ days LoS), Discharge Ready Date
- 8. Data rich reports.





About NECS



About NHS North of England Care Support (NECS)

- We are one of four care system support organisations part of NHS England
- Launched in April 2013 merging of Primary Care Trust teams from across the North East and Cumbria
- Head Office in Durham with offices across England:
 - Newcastle
 - London
 - Preston
 - Chester
 - Cumbria
 - Leeds
 - Hull

- Sheffield
- Derby
- Cambridge
- Ipswich
- Suffolk
- Kent



NECS Current services and products

Consultancy services

- Population Health Management
- Research and evidence
- Consultancy
 - Information governance
 - Project management
 - Strategy
 - Transformation
 - Digital
 - Analytics
 - People
 - Response
- NECS International

Managed services

- Continuous Improvement
- Communications and Engagement
- Design
- Commissioning and Delivery
- Elective services
- Data and Intelligence
- Finance
- Governance
- People and Organisational Development
- Clinical support
 - Medicines Optimisation
 - All Age Continuing Care
 - Surge Management
 - Cervical Screening Administration Service
- Clinical Quality
- PMO
 - Health and Justice
 - Digital Transformation and Optimisation
- IT services
- Procurement and Contracting

Digital solutions



Capacity Tracker



RAIDR



SMART



AXYM









UEC-RAIDR Disclose







Workforce



View DSR



View S117



About NECS Some of our national services









- NECS runs the national call and recall service for England
- Major CSAS service transition from Capita and improvement programme
- NECS provides commissioning data services to 42% of England
- RAIDR underpins the National Elective Care Dashboard
- NECS developed the NHS 'myplannedcare' website
- NECS currently runs the Programme Management Offices for procurements of the national Integrated Single Finance Environment (ISFE) and the national Federated Data Platform (FDP)
- NECS Capacity Tracker is commissioned by DHSC and NHSE and is actively used by 15,000 care homes, 11,000 home care providers and 257 community rehab providers
- NECS runs the national Capacity Planning and Monitoring System for finding Children and Young Person's Mental Health Service capacity
- NECS is running the PMO for the national Commercial Efficiency and Optimisation Programme
- NECS provides ICT desktop support to all NHSE employees