

digitalhealth

REWIRED

BIRMINGHAM 12-13 MARCH 2024

Headline Sponsors:



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Doncaster and Bassetlaw Teaching Hospitals



**DIGITAL
NURSING
AND MIDWIFERY
SUMMIT**

Stage Sponsor:



What is Book Before Ten ?

- Encouraging timely access to antenatal care
 - See midwife **by 10** weeks' of pregnancy

(NICE Guideline Antenatal Care 2021)



Who is the campaign aimed at?

- Reproductive age
- Emphasis on high risk groups

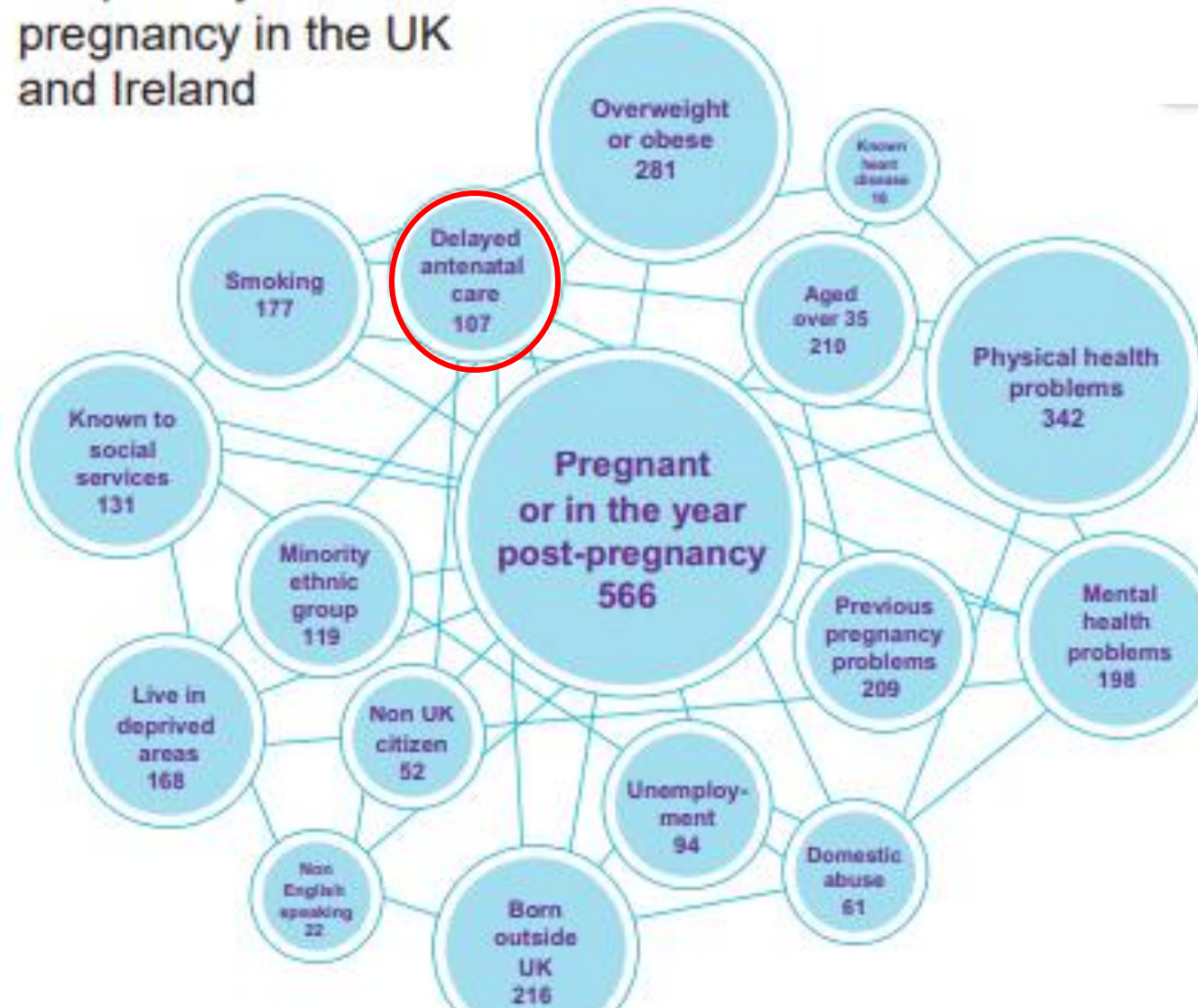


Why is this important ?

MBRRACE-UK 2020

A constellation of biases

566 women died during or up to a year after pregnancy in the UK and Ireland



Where does
our campaign
fit in?

Saving Babies Lives Care Bundle Version 2 & 3

- Smoking cessation
- Fetal Growth Restriction
- Pre-term birth
- Diminished fetal movements
- Diabetes

Better Births

- Personalised Care
- Continuity of carer
- Safer care
- Better peri-natal mental healthcare





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Think you are pregnant?

Some signs that you could be pregnant...

- ✓ Late or light period
- ✓ Breast tenderness
- ✓ Feeling sick and vomiting
- ✓ Tiredness
- ✓ Cravings

If you have any of the above signs, take a test and see the midwife **BEFORE 10 weeks**

The benefits of timely maternity care include...

1. Information and Support
2. Screening mothers for infections
3. Screening baby
4. Stop medications unsafe in pregnancy
5. Starting beneficial treatments
6. Arrange additional investigations

PROUD TO MAKE A DIFFERENCE

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Positive Pregnancy Test?

Don't delay. Book to see a midwife before **10 weeks**

To book your appointment, ring 01302 642814 or scan here:

The benefits of timely maternity care...

- Information & Support
- Screening mothers for infections
- Arrange additional investigations
- Starting beneficial treatments
- Stop medications unsafe in pregnancy
- Screening baby

How have we used the campaign?



Episode 98 Book Before Ten

Released Friday, 8th April 2022

North East and North Cumbria Local Maternity and Neonatal System

Planning to have a baby or know someone who is?

Visit and share our Planning a Pregnancy resource for information and guidance

If you are pregnant it is important you see a Midwife before you are 10 weeks pregnant

B4 10 @BookBeforeTen

Jade Hicks

Digital midwife

Audits and evidencing risk assessments in our Trust

Run monthly reports

Improve outcomes/care

Identify trends



Compare data- Benchmarking

Create dashboards showing data

Identify the local needs of our diverse population and tailor our services to them.

Monitor outcomes

How do I use data?

Dashboard and key performance indicators- KPI Book before 10 weeks

INDICATOR DETAILS	January 2022			January 2023			January 2024		
<u>Activity Indicators</u>	Trust	DRI	BDGH	Trust	DRI	BDGH	Trust	DRI	BDGH
Total Bookings within Service	408	270	134	543	355	185	452	321	127
Total Bookings within Service <10 weeks	275	183	90	434	294	138	387	272	111
% Bookings <10 weeks	67.40%	67.78%	67.16%	79.93%	82.82%	74.59%	85.62%	84.74%	87.40%



IDENTIFYING TRENDS- LEADS TO PROJECTS/CAMPAIGNS.



- Late bookers- monitor reasons
- Identify Vulnerable communities
- Identify where improvements can be made

NHS
Doncaster and Bassetlaw
Teaching Hospitals
NHS Foundation Trust

10+

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Working collaboratively



- CMW- data cleansing- identify improvements- identify vulnerable cohorts
- Consultants – share ideas how to improve the KPI's.
- Local authorities- make contact to  inform them of our findings and use them as resource to identify how to reach these areas/families: eg: schools
- Maternity voices partnership- consult them how to approach these communities and how they would like to be included – how to make it easier for them
- LMNS- share ideas compare with our local LMNS - benchmark
- Other trusts- Benchmarking, capturing families across borders

Our successes so far...



- We have created some posters in various styles and languages – Rose's presentations details more about the work involved.
- We have distributed these in supermarkets, GP surgeries, Chemists, Schools, Shops, online and on my pregnancy notes 
- Our monthly dashboard reflects our success so far – we have increased our book before 10 numbers by 20 % in the last two years.
- We are actively working with vulnerable groups in our localities to target the areas needed to improve our care. We are working closely with a BAME group in our area, Changing lives to tackle this inequality.

Please Follow our social media:
@BookBeforeTen, like and share.
Doncaster & Bassetlaw maternity and
neonatal voices partnership
Doncaster & Bassetlaw maternity services
Facebook pages.



Doncaster and Bassetlaw
Maternity Services

Thankyou!



Doncaster & Bassetlaw
Maternity and Neonatal Voices
Partnership