

NHS Digital Health Check

Southwark's Digital Health Check Phase One

Southwark Public Health Division

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Leading illness: Cardiovascular disease is a leading cause of morbidity and mortality in England

133,297 deaths from CVD in 2019

34,583 deaths under age 75

6.4 million people living with CVD

Healthcare costs estimated at £7.4 billion relating to heart and circulatory diseases

Wider costs to the economy is estimated to be £15.8 billion each year

Aligned with key priorities for the council and NHS

Health Check Review

- Build sustained engagement
- Improve participation
- Address more conditions

Health Equality

- Address gap between the most and least deprived
- Addressing health inequality

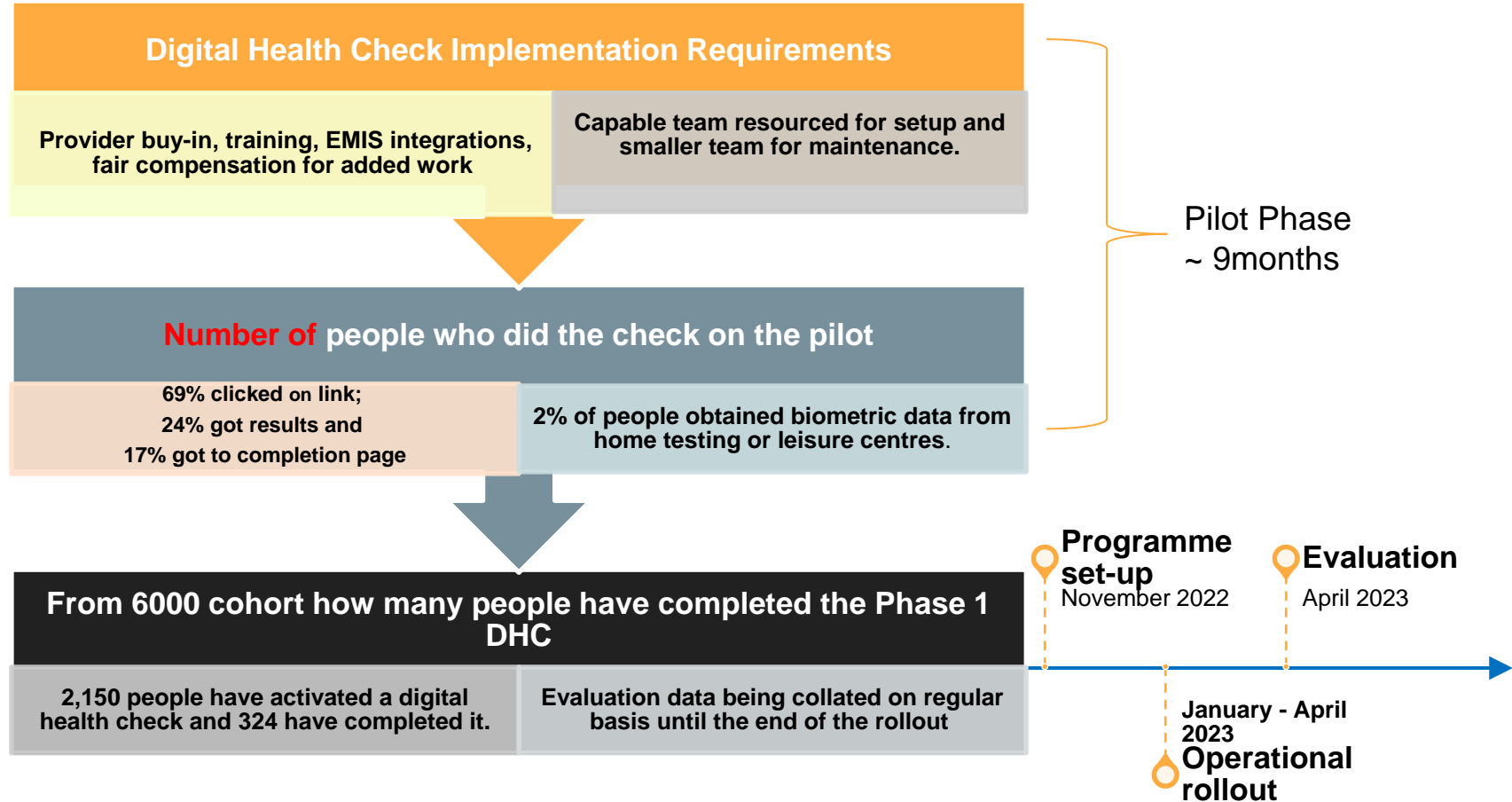
Proportional Universalism

- Improve access, uptake and impact
- Strengthen contribution to prevention health
- Care quality and outcomes improvement

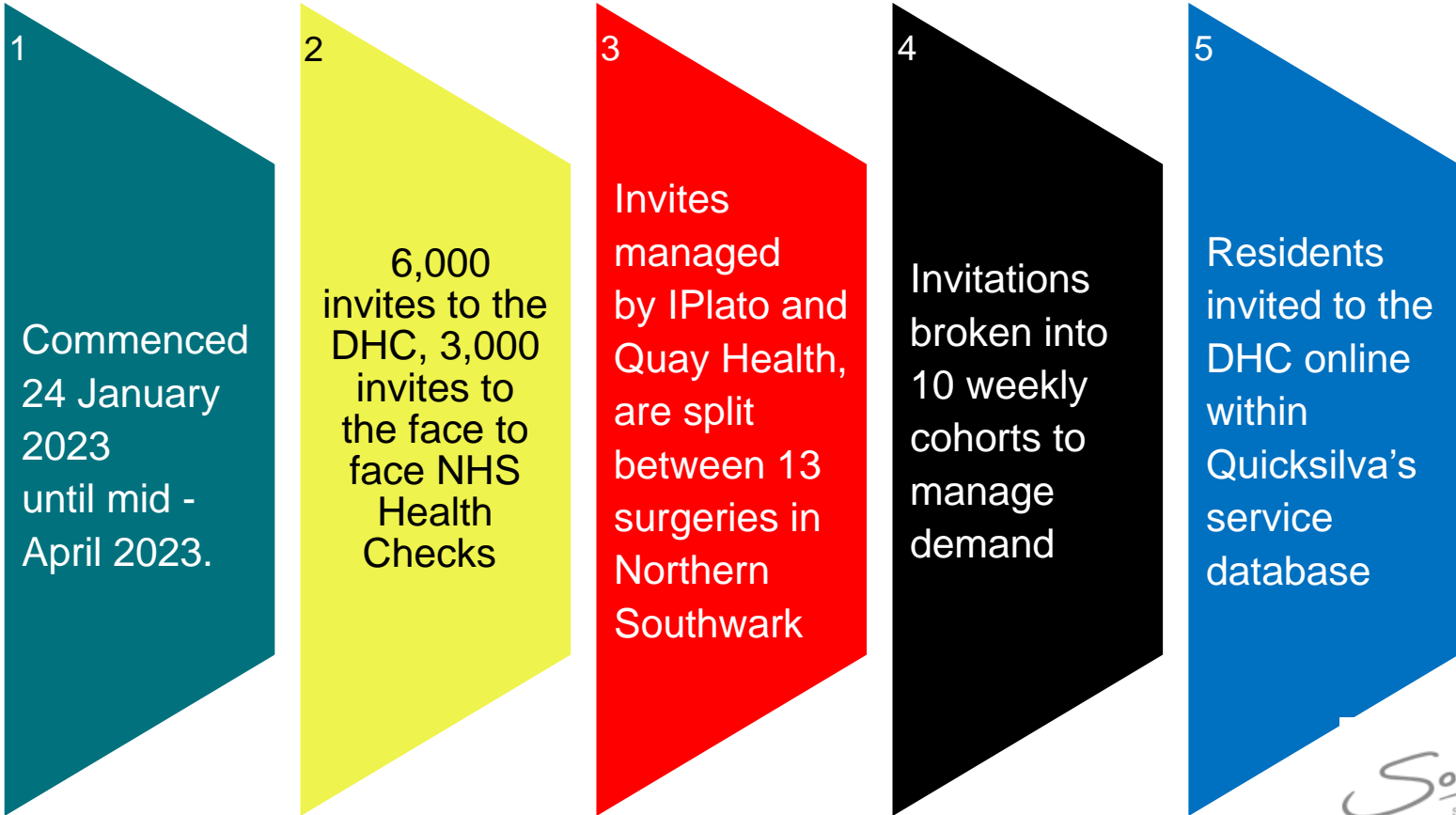
A universal service offering where resources and delivery are calibrated according to the level of need within the population.

This enables the targeting of deprived populations.

Summary of Digital Health Check to date



Phase One Operational Rollout



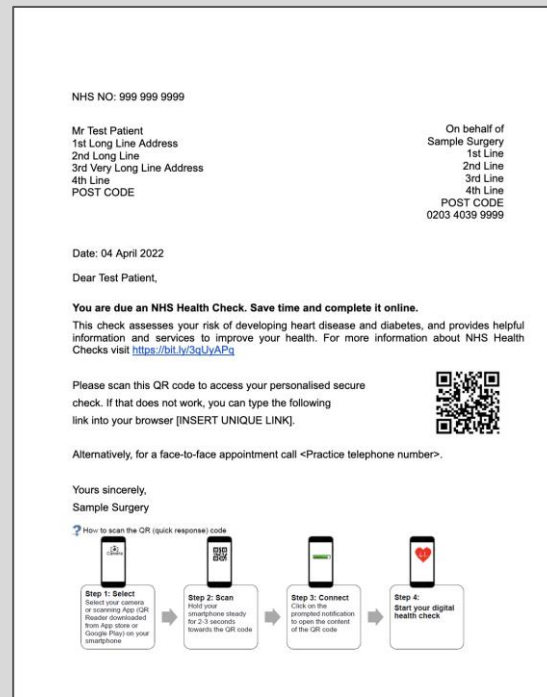
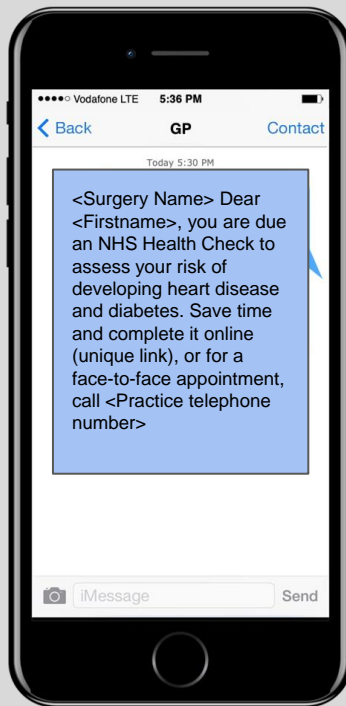
The experience for the patient

Service Details

To create the digital NHSHC tool, the partner organisations have developed the following processes, which set out the stages of the customer journey, an overview of the process, overview of the data flow and a detailed diagram of the data mapping.

Overview of stages





Invitations: SMS and letters

<https://stagingsouthwarkdhctest.gxlva.io/>

NHS Health Check

The NHS Health Check is a free checkup of your heart and circulatory health

You have been invited by your GP clinic to undertake this remote medical assessment. Your results will automatically be shared with your GP clinic.

Use this service to:

- understand your risk of developing heart and circulatory diseases, as well as Type 2 diabetes
- understand your mental wellbeing
- find personalised information and support that can help you lead a longer, healthier life
- access clinical follow-up and support services, if needed
- on average, this service takes 20 minutes to complete

[Start Now >](#)

This new remote service is an additional option to the current face-to-face service. You can also [access this service via your local GP Clinic \(opens in a new tab\)](#).

▶ [How will the NHS Health Check help me?](#)

▶ [What follow-ups might I need?](#)

▶ [What support is available to help me?](#)

▶ [Tell us about your health measurements or get new ones](#)

We will process your data securely and legally; further information is available in the [full privacy statement](#).

▶ [Who is eligible for the NHS Health Check?](#)

Disclaimer: This service measures your future risk of heart and circulatory diseases and Type 2 diabetes. It does not provide a medical diagnosis of Type 2 diabetes or heart and circulatory diseases. If you feel unwell you should seek clinical support from a healthcare professional by contacting your GP clinic, NHS 111 or, if it is an emergency, 999.

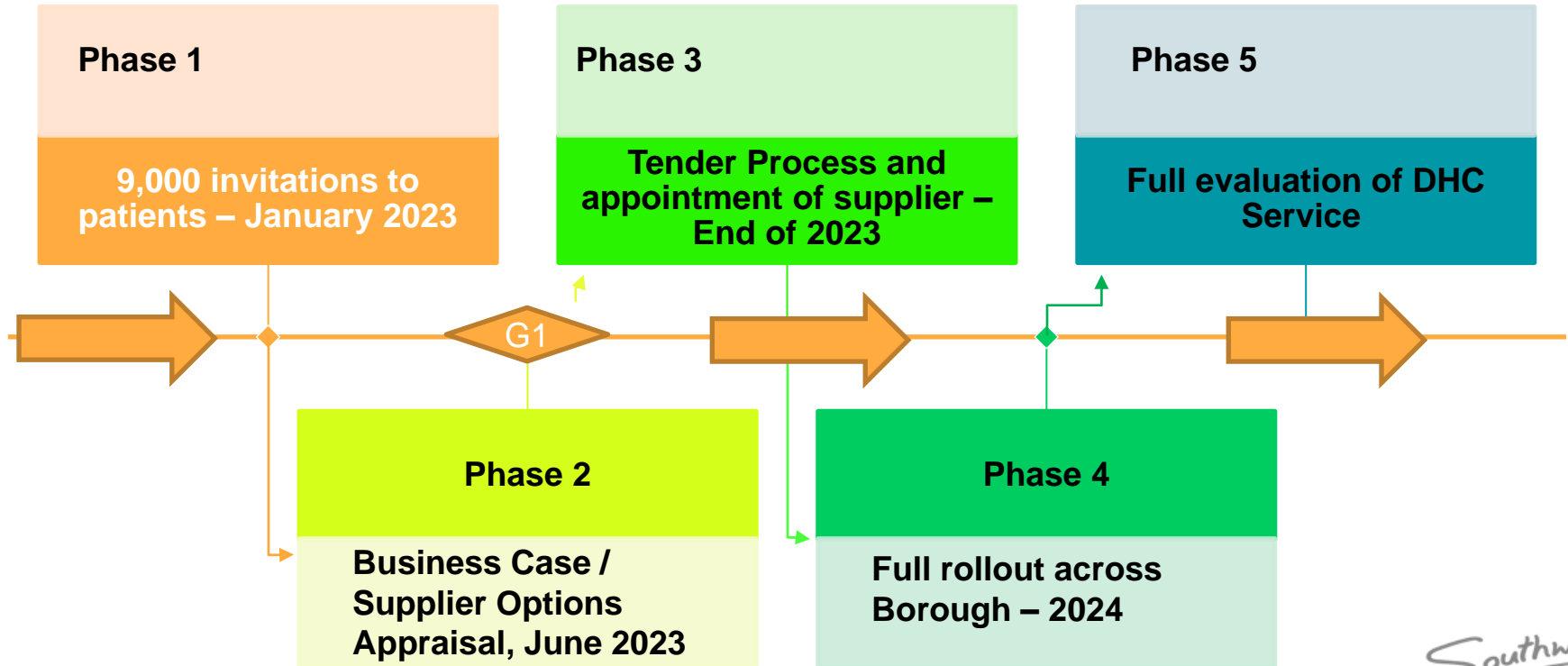
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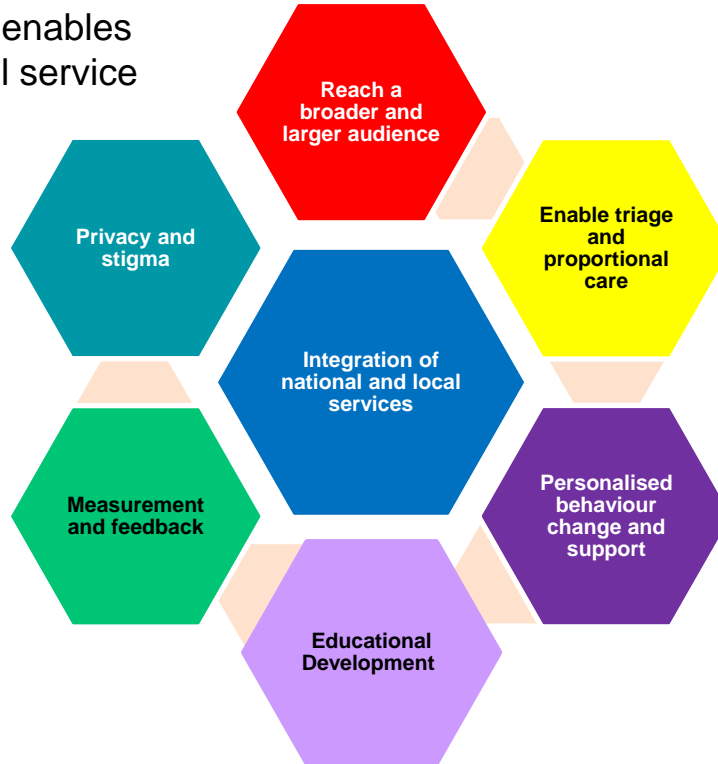
Start page

Digital Health Check Programme timeline



A digital health check is alternative to face to face but it is not a replacement

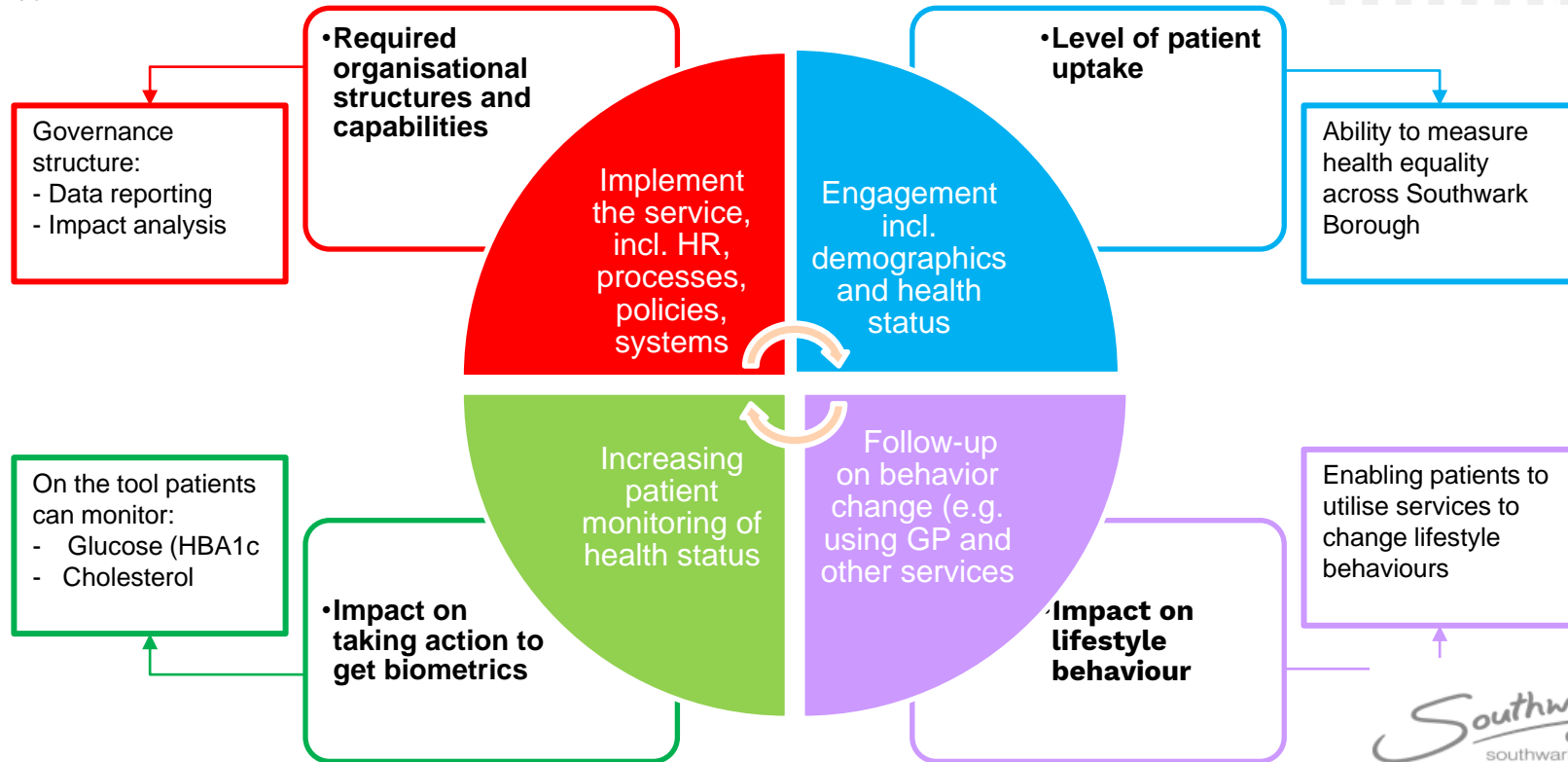
The NHS Health Check Tool enables patient interaction and clinical service monitoring



Feasibility of the Digital NHS Health Check



The data we are currently collecting will give us insights of the whole health check process end to end. This rollout and its evaluation will allow us to understand:



Opportunities for the future

