



**Shuri
Network**

“It is in our hands to create a better world for all who live in it.” Nelson Mandela

The Shuri Network Nursing Fellowship

A journey by Sithabile
Tshabalala



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Background

- **Registered Adult Nurse: Recovery**
- **6 month contract to help implement electronic observations**
- **Permanent role**



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Personal Circumstances: Low point in my life.

- **Racism is toxic: but it will not defeat me!**
- **Gradual loss of confidence**
- **Lack of long-term career prospects**
- **“When they go low, you go high” by Michelle Obama**



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Coaching

- Addressed insecurities and identity issues
- Explored personal and career development goals
- Gave me the confidence to look beyond my current job role: I am moving to a new role

Shadowing through Hexitime



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- CIO for a large NHS Trust
- Senior Health Executive for a leading supplier of Digital Clinical Systems



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Networking & Peer Support

- Within and outside the fellowship
- Useful conversations about digital transformations that other Trusts have done
- Ensure Clinical colleagues and patients are at the heart of digital transformations.



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Presentations

- Inspiring speakers sharing their success stories.
- Presentations by National Senior Digital Nursing Leadership
- Presentations by organisations in Digital Health

Key Takeaway



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- Be my authentic self.
- Career Progression: Only I can decide what success looks like to me.

Final Comments



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- Fellowship exceeded my expectations
- Helped me work out my path, explore my worth and potential and bring my best self to work



