

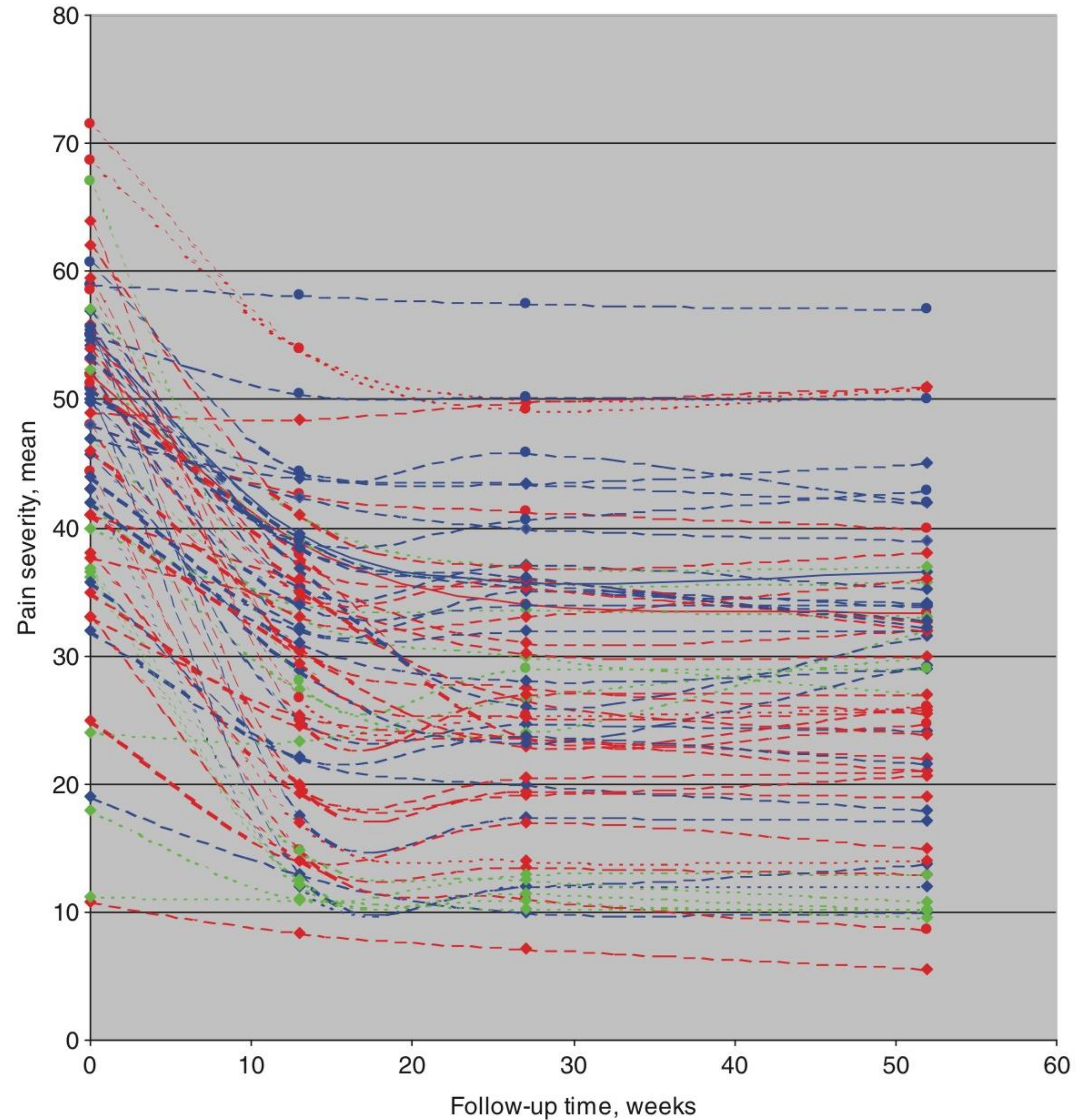
Evaluating the digital self-management of ALL common musculoskeletal conditions across an integrated care system (ICS)



Integrated
Locally configured
Digitally enabled
MSK Pathways

CONTEXT

Evidence for self-management of MSK conditions





IS DIGITAL THE ANSWER?

Evaluation so far

Strong scores against PEMAT-AV (Poster at PTUK 2018)

- Understandability 86% Actionability 88%

Economic evaluation (SBRI Healthcare)

Health Innovation Network Evaluation

- NICE DHT evaluation framework - level C
- Excellent user/clinician feedback
- Secondary care referral reduction

Local data analysis (n= 12,000) showed positive impact on healthcare utilisation

NHSX Digital Technology Assessment Criteria (DTAC)

NHSX Playbook case study MSK

Behaviour change evaluation (Berry et al 2022)

ED evaluation (results pending)

getUBetter Evaluation Report

Prepared by Dr Andrew Walker & Helen Sheldon & Zoe Zambelli



Preprint

Accepted Manuscript

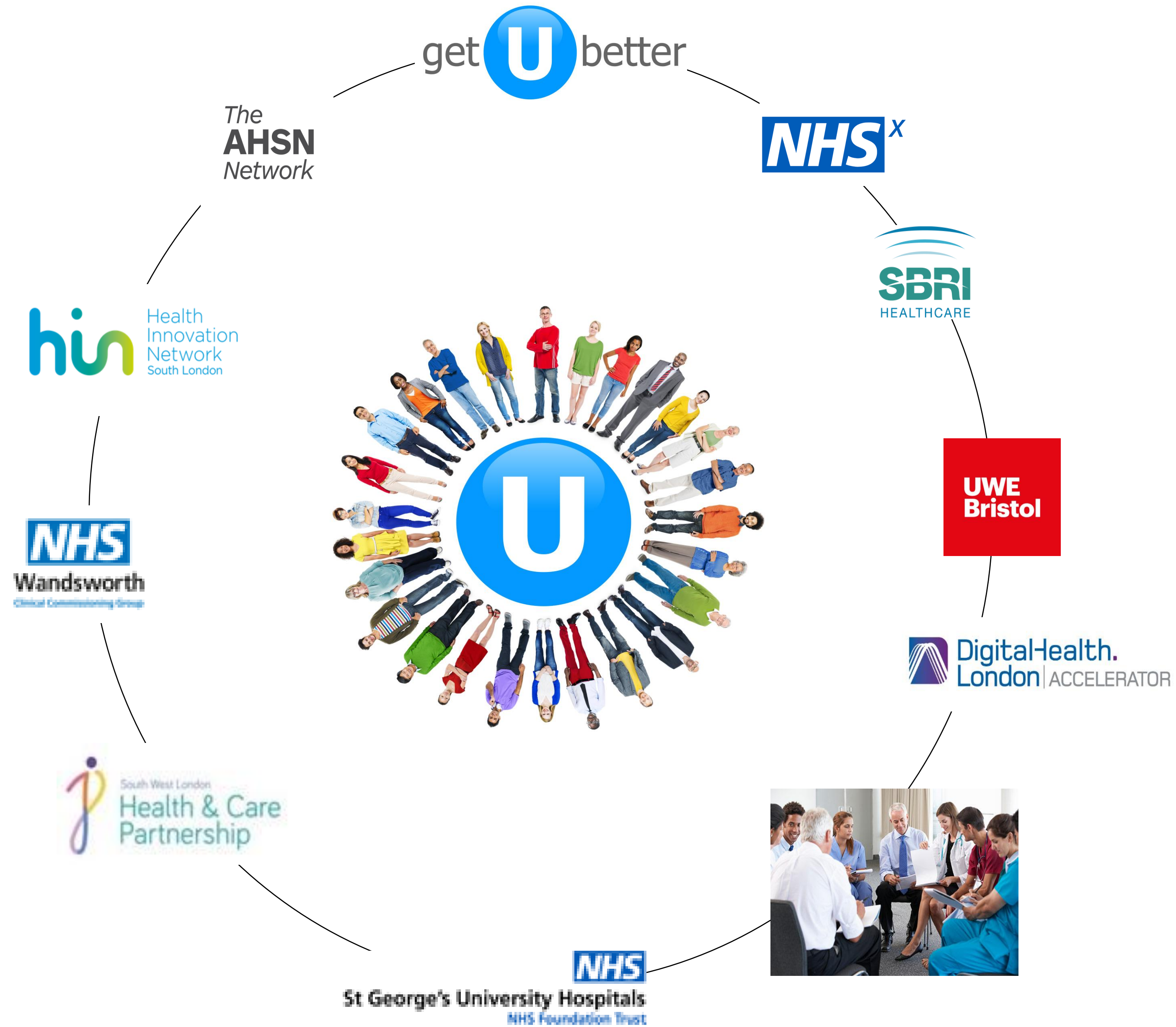
Evidencing the logic model of behaviour change underpinning a personalised and tailored app for the self-management of musculoskeletal conditions

Alice Berry; Carey McClellan; Ben Wanless; Nicola Walsh

EVIDENCE PRODUCTION

Collaboration with multiple stakeholders

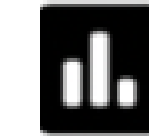
Many challenges





WHAT NEXT?

Complex real world evaluation



Academic partners



The **AHSN** Network

NIHR | National Institute for Health Research